



Louisa County Public Health October Newsletter 2024



1 in 8 women in the United States will be diagnosed with breast cancer in her lifetime. In 2024, an estimated **310,720 women and 2,800 men will be diagnosed with invasive breast cancer.** Chances are, you know at least one person who has been personally affected by breast cancer.

But there is hope. When caught in its earliest, localized stages, the **5-year relative survival rate is 99%.** Advances in early detection and treatment methods have significantly increased breast cancer survival rates in recent years, and there are currently over 4 million breast cancer survivors in the United States.

Awareness of the facts and statistics surrounding breast cancer in the United States is key in empowering individuals to make informed decisions about their health.

Visit <https://www.nationalbreastcancer.org/breast-cancer-awareness-month/> for more information.

Healthy People, Health Communities

Let us help you or someone you love take care of their health.

Skilled Nursing Visits

- Medication Management
- Chronic Disease Management
- Diabetes Care
- Wound Care & More

Home Care Aide Services

- Personal Care/Bathing

Housekeeping Services

- Vacuum/dust/sweep/mop
- Meal preparation
- Laundry/in town errands

In office Services

- Blood Pressures/blood draws
- Administer Mental Health Medications

Healthy People, Healthy Communities Services are designed to help our community members with select home/office services at an affordable rate. Our services are partially funded by **Community Foundation of Louisa County** and **Milestones**. We thank them for their generous funding that allows us to continue to offer the following services in Louisa County.



FLU SHOTS ARE HERE!!!!

Thursdays 1-4pm—Call for Appointment

Ages 6 months and up

Medicare—BCBS—Medicaid

**We ALSO carry the HIGH DOSE Flu
Vaccine for anyone over
65 years of age.**



Louisa County Public Health * 12635 County Road G56, Suite 103 * Wapello, IA 52653

319-523-3981 Office * 319-523-8408 Fax * www.louisacountypublichealth.com

The Iowa Breast & Cervical Cancer Early Detection Program

You may qualify for free cancer screenings if;

- You are 21 years old or older and
- Your household income is at or below 250 percent of the Federal Poverty Level

Care for Yourself may cover;

- Clinical breast exam
- Mammogram
- Pap test and/or HPV test
- Pelvic exam
- Diagnostic tests
- Assistance with transportation
- Assistance making appointments



Please visit hhs.iowa.gov for more information or call Trinity Muscatine Public Health at 563-263-0122.

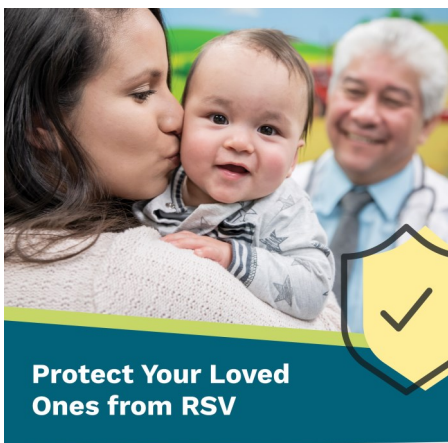
October is Domestic Violence Awareness Month

This month and always, we affirm that there is #NoSurvivorJusticeWithoutRacialJustice. Learn how you can take action: dvawareness.org/HealHoldCenter #HealHoldCenter



The National Domestic Violence Hotline at 1-800-799-7233 / TTY 1-800-787-3224 or the StrongHearts Native Helpline at 1-844-762-8483 (call or text) are available to assist you.

RSV AWARENESS MONTH



Protect Your Loved Ones from RSV

Did you know the RSV virus can be dangerous for infants and older adults? That's why it's important for these groups to get the RSV vaccine. Talk to your child's healthcare provider and encourage the older adults in your life to talk to theirs. Learn more at: <https://hhs.iowa.gov/immunization/ask-me>

¿Sabía que el virus respiratorio sincial (VRS) puede ser peligroso para lactantes y adultos mayores? Por eso es importante que estos grupos reciban la vacuna contra el VRS. Hable con el profesional de atención médica de su hijo y

aliente a los adultos mayores de su vida a que hablen con el suyo. Obtenga más información en: <https://hhs.iowa.gov/immunization/ask-me>