



Louisa County Public Health April Newsletter 2025



APRIL IS NATIONAL CHILD ABUSE PREVENTION MONTH

Prevent Child Abuse Iowa, a 501(c)(3) nonprofit, works tirelessly to create a world where children don't know fear, don't experience neglect and never encounter abuse. Most efforts involve treating children and families after abuse has already occurred. However, they focus on prevention, which research proves is a far more effective use of resources to help children reach their full potential as adults.

Prevent Child Abuse Iowa fulfills its mission by leading child abuse prevention efforts in Iowa through:

- **Advocacy** – advancing the cause of child abuse prevention among legislators, administrators and professionals.
- **Awareness** – informing the public about the effects of child abuse and methods to prevent it.
- **Assistance** – offering organizational development, program guidance and grant management to local partners.

Visit www.pcaiowa.org for more information about Prevent Child Abuse IOWA!

Prevent Child Abuse America

POWERED BY HOPE
STRENGTHENED BY PREVENTION

#CAPMonth2025
#PoweredByHope
#PCAAmerica

APRIL IS CHILD ABUSE PREVENTION MONTH!

Every child deserves a safe, supportive environment to thrive. Together, we are creating a world in which all children and families are living a purposeful and happy life with hope for the future. Our impact reaches across the nation, with transformative initiatives that inspire hope and drive prevention.

Healthy Families America (HFA), the evidence-based home visiting program of Prevent Child Abuse (PCA) America, partners with parents as they build nurturing relationships with their children, champion healthy development, and create a flourishing future for their families.

Our Impact - Stories of Hope

Nationwide Network of Support
Nearly 600 HFA sites partner with families across the country to provide trauma informed, family-centered home visiting services.

Nationally Recognized Excellence
HFA is one of the highest-rated evidence-based home visiting models, earning "Well Supported" status by Title IV-E and the California Evidence-Based Clearinghouse (CEBC).

Equity in Action
HFA home visitors bring lived expertise and deep knowledge of the communities they serve, fostering trusting, nurturing relationships with families. Evidence shows that HFA families of all racial and ethnic backgrounds achieve remarkable outcomes.

Stronger Families, Brighter Futures

- Families create safer, more supportive homes leading to a 1/3 reduction in child abuse and neglect recurrence.
- Parents develop confidence, reduce stress, and strengthen bonds with their children.
- Families give children a strong start, with 48% fewer infants born at low birthweight. As they grow, HFA kids are better prepared for and succeed in school.

Prevention Policy in Action
Through collaboration with our state chapter network, policymakers and communities across the nation, we're making progress:

- Investments in early childhood home visiting programs set children up for lifelong success.
- Expanded Childcare Subsidies support parents and strengthen the workforce and economy.
- Adoption of Paid Family Leave Laws improves economic security, child and parental health, and family bonding.

Powered by Research, Strengthened by Insights
Our partnerships with the Centers for Disease Control and Prevention (CDC) and other national organizations provide groundbreaking insights into policies shaping the future of prevention:

- Family Leave Policies reduce stress and enhance family stability.
- Recent studies highlight the power of Paid Family Leave policies in reducing stress and enhancing family stability.

Join the Movement this April!
Together, we can simply hope and inspire prevention. Here's how you can get involved:

Donate: Help fund vital programs in your community.
Advocate: Support policies that strengthen families.
Get Involved: Connect with your state chapter or local HFA site.

TOGETHER, WE ARE STRENGTHENED BY PREVENTION

When we work together to support families, we create a brighter, safer world for children. Join us this CAP Month in strengthening the foundation of hope that every child deserves. Visit preventchildabuse.org to learn more!



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319-523-3981 Office * 319-523-8408 Fax * www.louisacountypublichealth.com

Do you need your water tested?

Must live outside city limits

Louisa County residents only



Contact:

Louisa County Environmental Health

319-523-3981



to schedule your appointment!

Or stop by our office at

12635 Co. Rd G56. Suite 103, Wapello

Do you have Medicare Part D Prescription Coverage?



The 2-dose Shingles Vaccine will be a covered vaccine for Medicare Part D holders.

Call our office today and make an appointment!
319-523-3981

Happy Easter!

Healthy People, Health Communities

Let us help you or someone you love take care of their health.

Skilled Nursing Visits

- Medication Management
- Chronic Disease Management
- Diabetes Care
- Wound Care & More

Home Care Aide Services

- Personal Care/Bathing

Housekeeping Services

- Vacuum/dust/sweep/mop
- Meal preparation
- Laundry/in town errands

In office Services

- Blood Pressures/blood draws
- Administer Mental Health Medications

Healthy People, Healthy Communities Services are designed to help our community members with select home/office services at an affordable rate. Our services are partially funded by **Community Foundation of Louisa County** and **Milestones**. We thank them for their generous funding that allows us to continue to offer the following services in Louisa County.

April Awareness Month



TOGETHER WE ACT, UNITED WE CHANGE

SEXUAL ASSAULT AWARENESS MONTH 2025

The theme "**Together We Act, United We Change**" highlights the importance of working together to address and prevent sexual abuse, assault, and harassment.

Education is the first step to action, empowering our communities to be part of the solution.

<https://www.nsvrc.org/saam/about-2025>



World Autism Awareness Day is an internationally recognized day annually on 2 April, encouraging Member States of the United Nations to take measures to raise awareness about autistic individuals throughout the world.



Earth Day is an annual event on April 22 to demonstrate support for environmental protection. First held on April 22, 1970, it now includes a wide range of events coordinated globally through earthday.org including 1 billion people in more than 193 countries.



Each April since 1987, the National Council on Alcohol and Drug Dependence, Inc. (NCADD) has sponsored Alcohol Awareness Month to increase public awareness and understanding, reduce stigma and encourage local communities to focus on alcoholism and alcohol-related issues.